



Innovative leadership to advance social policy, research, resource development
and training for those who enhance the capacity of families to raise their children.

July 24, 2008

Dr. Richard E. Tremblay, Director
Centre of Excellence for Early Childhood Development
GRIP – Université de Montréal
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Dear Dr. Tremblay,

The Canadian Association of Family Resource Programs (FRP Canada) and its member organizations appreciate the care with which the Centre of Excellence for Early Childhood Development identifies and presents evidence-based information about early child development to practitioners and to the general public. CEECD is particularly to be commended for presenting diverse opinions on the wide range of topics represented in the Encyclopedia of Early Childhood Development.

For this reason, I was surprised that CEECD's March 2008 Bulletin entitled *Sleep tight!* presented a rather narrow approach to the issue of night waking and failed to address some important considerations relating to the culture of parenting.

I forwarded the March Bulletin to two colleagues who are experts in areas of child development, attachment and parenting; they also expressed concern about the key messages presented. John Hoffman, a free-lance writer with considerable interest and knowledge on this topic, agreed to draft a response to the Centre on behalf of the group. His paper, entitled "Towards a More Inclusive and Realistic View of Normal Infant and Toddler Sleep: A critical response to Sleep Tight!, Bulletin Volume 7, No 1, March 2008 of the Centre of Excellence for Early Childhood Development," is attached. The objective of this effort was to expand the discussion by drawing upon additional research findings and points of view relating to the topic of infants' and children's sleep.

John consulted with several experts during the development of this paper including Dr. Lynn Loutzenhiser, Assistant Professor, Department of Psychology, University of Regina; Dr. James J. McKenna, Director, Mother-Baby Behavioural Sleep Laboratory and Edmund P. Joyce Chair in Anthropology, University of Notre Dame; Dr. Stuart Shanker, Distinguished Research Professor of Philosophy and Psychology, York University, and Dr. Berna Skrypnek, Associate Professor of Human Ecology, Co-Director Parent-Child Relations Laboratory, University of Alberta. Each of these distinguished researchers has reviewed the paper and has endorsed its content.



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We invite you to share this paper with CEECD's scientific team; we will be most interested in hearing feedback about this paper from your academic colleagues. In addition, we hope that CEECD would consider posting this paper as a 'Voice from the Field' in the Sleep Behaviours section of the Encyclopedia of Childhood Development.

Finally, if the derivative resource written for parents (Eyes on Sleeping Behaviour: Good Sleep, for Good Growth) were revised to reflect a more inclusive approach to night waking issues, we would be happy to reconsider including it on our websites for parents and practitioners: www.parentsmatter.ca and www.parentsvouscomptez.ca .

With very best wishes,

Janice MacAulay
Executive Director

cc: Claire Gascon Giard, General Coordinator
Francisco Quiazua, Early Childhood Development Network Coordinator
Lucie Beaupré, Publications Coordinator