



Working with Parent Groups
A Handbook for Facilitators

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Working with Parent Groups: A Handbook for Facilitators

This handbook is an indispensable tool for parent educators in their work with families. It looks at “parent education” in the widest sense of strengthening parents’ ability to fill their parenting role. The ideas in this handbook can be applied very broadly, with special emphasis on the issues that arise working with parents in facilitated groups that meet over several weeks or months.

Topics covered in *Working with Parent Groups* include: what research tells us about why parenting education matters; the dynamics of the change process and the issue of education or therapy; the role of beliefs, values and ethics in parenting education; skills for working with adult learners and facilitating groups; a detailed checklist for planning a parent education program; criteria for choosing a program and ways to determine content; and how to work with parents in particular situations (divorce, mandated parents).

If you are new to working with groups of parents, you will find useful advice and guidelines to get you started on the right foot. If you already have considerable experience, you will find sections that invite you to reflect on how to increase your impact.

This handbook also contains contact information for commercial parenting programs available in Canada; lists of books, brochures and Websites to recommend to parents; professional development resources (books, journals, Websites and organizations); and education and training opportunities for facilitators.

Working with Parent Groups is packaged as pages to insert in a binder so that you can easily personalize it by adding related articles. You will return to this handbook again and again as you seek to improve your work with parents.

Cost: \$25 (members), \$29 (non-members)

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